

SOAR

Playing Rules

Soccer - U12 (Ages 9 to 11)

1 - The ball: Size five (5)

2 - Number of players:

- A. Maximum number of players on the field at any one time is 8v8. These numbers may be adjusted from year to year to accommodate the overall number of players in a given division.
- B. Maximum number of players on the roster should not exceed (14), minimum (10)
- C. Playing time: Each player SHALL play a minimum of 50% of the total playing time
- D. Team rosters maybe coed
- E. Players for each game should have a balance of both boys and girls to achieve a moderate skill level on the field at any given time. Please do not put all of the best players on the field at once.

3 – Players equipment:

- A. Footwear: Tennis shoes or soft-cleated soccer shoes.
- B. Shin guards: Are MANDATORY.
- C. Goalkeeper must wear colors, which distinguish him from the other players (scrimmage vest)

4 – The Referee: Ref. All rule infractions shall be briefly explained to the offending player.

5 - Duration of the game: The game shall be divided into (2) equal (25) minute halves. There shall be a (15) minute break at the half. The half time break will be used for devotions time for each team.

6 - The start of play: Conform to FIFA, with the following exception: Opponent must be outside of circle until kicked by opposing side.

7 – Ball in and out of play: Conform to FIFA

8 – Method of scoring: Conform to FIFA

9 – Off sides: You are in an "off-side position" if you are:

- 1. On the opposing team's half of the field.
- 2. Behind the last defender (not including the goalie)
- 3. In front of the ball.

You are off sides if the ball is passed in your direction.
Result of this foul would be an indirect kick by the opposing team.

10 – Fouls and Misconduct: Conform to FIFA, with the following exceptions.

11 – Indirect Free kicks: Conform to FIFA, with the following exception: Opponents must be (12) feet away before kick is allowed. INDIRECT. No kicks shall be taken by the attacking team within the defending team's goal or penalty box. If the foul takes place inside the goal or penalty box then the ball is placed on the penalty box line at the point closest to the foul.

12 – Penalty kicks: If any of the fouls below are committed inside the penalty box (goalie box) a penalty kick is awarded.

- 1. Kicking or attempting to kick opponent
- 2. Tripping or attempting to trip opponent
- 3. Striking opponent or attempting
- 4. Pushing
- 5. Tackling
- 6. Holding
- 7. Handles the ball deliberately

SUAR

Playing Rules

A penalty kick is taken at the designated mark inside the penalty box. Referee will direct.

1. Kick is to be taken by anyone currently on the field. The kicker cannot touch the ball again unless it is touched by another player.
2. All other players shall remain outside of penalty box until the ball is struck.
3. Goalie shall not move off of goal line until kick is taken.
4. The ball is live once the kick is taken and the game will continue as before.

13 – Throw-in: Conform to FIFA

14 – Goal kick: Conform to FIFA, with the following exception.

15 – Corner kick: Conform to FIFA, with the following exception: Opponents must be (12) feet away from the ball.

16 – Substitutions: "Unlimited substitution" are allowed, you can sub at these times.

1. After a goal kick is called for either team, after a goal by either team
2. After a throw-in is called for your team (not the other team)
3. At halftime
4. During an injury timeout

You cannot sub on corner kicks, or free kicks. Substitutions may only occur with the referee's permission (you can get his attention by yelling "sub"). Players entering & leaving the field should only do so at the halfway line. The referees will indicate when the appropriate time to sub is after it is indicated that a sub is needed.

17 – Headers are not allowed.

- A. **At no time is a header to be coached or encouraged during games or practice.** This is against the rules at FPC and US youth soccer.
- B. When a player deliberately heads the ball in a game, an indirect free kick (IFK) should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.

Other rules / recommendations:

1. Home team will open the game with prayer
2. Opposing parents / coaches and players should shake hands after each game.
3. Coaches or referees will not keep track of the score during the game.
4. Coaches and referees are encouraged to teach while using slight corrections during the game, but keep in mind that this is not practice